HUZBARD COMMUNICATIONS OFFICE Saint Hill Manor, East Grinstead, Suggex

Remimeo
Dianetics
Checksheet

HCO BULLETIN OF 6 MAY 1976

(HCO B 5 Oct 69 -Issue IIwith addition of "Earlier Commands".)

Dianetic Triples

The additional 2 flows are:

Flow No. 2 Locate an Incident of your causing another (item).

Flow No. 3 Locate an incident of others causing others (item).

Item can be preceded by "a" or "an".

When singles have been run already, take the earliest single item always. Proceed in order of sequence run doing flows No. 2 and No. 3 on each. Don't skip any. Don't start later in list. Interest etc has nothing to do with it. Just do it.

The remaining R-3-R Commands are used without variation.

Triple Dianetics Earlier Commands

When running Flows 2 and 3 on Standard Dianetics, the following are the "earlier" commands:

- F-2 "Is there an earlier incident of your causing another...(item)?"
- F-3 "Is there an earlier incident of others causing others...(item)?"

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